

JULY 2022

C= Gateview House, Constantia Park GPS co-Ords: 26 08' 58.52"S 27 55' 32.57" E
F= Outside Checkers, Pineslopes Shopping Centre, Fourways. GPS Co-ords: 26 01' 19.86"S 28 00' 57.85" E
V = Meet at Venue A = Book with Club Admin L = Book with Leader # Meeting Place

Transport Cost ** The suggested transport fee of R4,18/km is based on the SARS prescribed rate per kilometre (excl tolls). **N.B. The driver and occupants should agree on the rate before departing and the total cost will be divided amongst the occupants of the car.**

SUNDAY HIKES - MEET AT 07:30 AND LEAVE AT 08:00 SHARP (EXCLUDING "MEMBERS ONLY" HIKES)

WEDNESDAY HIKES - MEET AT 08:15 AT THE VENUE AND HIKE AT 08:45 SHARP

BOOKINGS: Members receive preferential bookings.

Date	Event	Description	#	Fee (non-mem)	Return Distance	**Transport Cost @ R4,18/Km	Rating	Leader of the Day Convener	Phone
2022									
Sun. 3 July	Phefumula	Moderate hike up the escarpment. Boerie rolls and craft beer after the hike.	C	R40(R100)	150 km	R627	Moderate to Strenuous	Betsie Laubscher - LOD/ Level 1 Naomi Vorster - Level 2 Lucho - Level 3	066 2901 480 078 775 4547
Wed. 6 July	Hoogland	Easy to moderate path walking in very pretty hills and valleys. Plenty of game in the area.	V	R50(R110)	Varies	R4.18/km	Moderate	Graham MacKenzie	082 808 1800
Fri. 8 to Sun 10 July	Queen Rose Hike (Backpack)	Considered as one of the most scenic trails in the region. River crossings, pools and wooden bridges, through pine and natural forests. Beautiful bird life.	V	R528(R634)	Discuss with Leader			Mark Eifler (Leader)	078 7754547
Sat. 9 to Sun 10 July	First Aid Theory (Bryanston)							Sabine Behr	082 851 8627
Sun. 10 July	Castle Gorge (Members Only)	Strenuous hike to the saddle for amazing views and then go to the pools to cool off or to the waterfall.	V	R0(R60)	122 km	R510	Moderate to difficult	Ryan de Haast- LOD/Level 1 Allan Lill - Level 2	083 7435221 084 615 0084
Wed. 13 July	De Wildt (NEW)	One trail leading up a wooded kloof to the top of the Magaliesberg escarpment from where there are a variety of well marked trails east and west on top of the escarpment . Very great views. Lovely pic nic spot at end.	V	R60(R120)	Varies	R4.18/km	Moderate to Strenuous	Mike Hardisty	082 920 5667
Fri. 15 to Sun 17 July	Didma Cave Hike Drakensberg (Backpack)	Cathedral Peak Wilderness Area. The cave is at the top of the escarpment, set into a ridge overlooking Witch Falls. Only for the very fit.	V		Discuss with Leader			Sabine Behr (Leader)	082 851 8627
Sun. 17 July	Harties River Hike	Moderate hike along Crocodile river, over steep hills and back through wooded bushveldt. Good views of Hartbeespoort	F	R60(R120)	70km	R292	Moderate	Tom Kenny (LOD)	066 290 1480
Wed. 20 July	Hennops River (Braai)	Moderate path walking over hills and along river. Swimming pool at the end.	V	R60(R120)	Varies	R4.18/km	Moderate	Bernard Donnelly	081 527 4363
Sat. 23 to Sun 24 July	First Aid Practical (Foothold)	NO CLUB CAMPING						Sabine Behr	082 851 8627
Sun. 24 July	Hoogland	Easy to moderate path walking in very pretty hills and valleys. Plenty of game in the area.	F	R50(R110)	100 km	R418	Moderate	Mary Renynolds - LOD	082 3724869
Wed. 27 July	Peglarae	Wilderness area on northern side of Magaliesberg. Mainly moderate to strenuous off path walking. Lots of Vultures on escarpment.	V	R20(R80)	Varies	R4.18/km	Moderate to Strenuous	Andrea Waltzlawick	082 334 3351
Fri. 29 to Sun 31 July	Snow Hike Witsieshoek (Backpack)	This beautiful mountainous area in Witsieshoek, home to a variety of landscapes, rich flora and fauna, and of course snow during the winter season.	V	R1530(R1825)	Discuss with Leader			Colin Lill (Leader)	082 441 4851
Fri. 29 to Sun 31 July	Foothold (Members Only)	MEMBER'S MONTH END CAMP	V		167 km	R698		Convenor - Naomi Vorster	062 094 5033
Sun. 31 July	Foothold (Members Only)	A myriad of hiking possibilities once you reach the escarpment. Relax for lunch near crystal clear pools.	V	R0 (R60)	167 km	R698	Very Difficult	Naomi Vorster- LOD/ Level 2 Silverwood - Level 1	062 094 5033 079 196 8915

*Involves steep long climbs, typically 300m or more. Not suitable for visitors unless already reasonably sports fit or are experienced hikers. **Sunday Hikes** are typically 7 hours or longer, often in tough terrain without paths. Three hours of hiking up sometimes steep mountainsides and down valleys, over rough ground and scrub are usually covered, before stopping for 1/2 hour lunch break, after which a further 3 hours of hiking back to the start point covers a typical day. **Level 1 - Slow** Challenging for the relatively unfit hiker with a slower (but not necessarily slow) pace and plenty of rest/recovery stops. **Level 2 - Moderate** Faster pace with fewer rest/recovery stops and a longer distance. **Level 3 - Fast** Challenging for the fit hiker with a fast pace and long distance.