

DECEMBER 2024

Transport Cost (New Rate Mar 2024 - Feb 2025) ** The suggested transport fee of R4,84/km is based on the SARS prescribed rate per kilometre (excl tolls). **N.B. The driver and occupants should agree on the rate before departing and the total cost will be divided amongst the occupants of the car.**

SUNDAY HIKES - NB. AS OF 01 SEPTEMBER - CHANGE TO SUMMER TIMES, MEET AT VENUE 08.00 AND HIKE START 08.30 SHARP

WEDNESDAY HIKES : NB. AS OF 01 SEPTEMBER - CHANGE TO SUMMER TIMES, MEET AT 07:15 AT THE VENUE AND HIKE AT 07.45 SHARP

Date	Event	Venue Meeting Time (Summer start time)	Description	Fee (non-mem)	Return Distance	**Transport Cost @ R4,84/Km	Rating	Leader of the Day / Convenor	Phone
Dec-24									
Sunday 1st December	Groenkloof (Hike Fee payable at Gate - CREDIT CARDS ONLY)	08.00 FOR 08.30 SHARP HIKE START	Path walking and game viewing. Close to Pretoria.	R32 Pens. R51 Non Pens. Non Members R60 to JHC Convenor	Varies	R4.84/km	Strenuous	Mary Reynolds Francé Roussow	082 372 4869
Wednesday 4th December	Aasvoelbad (+ Braai)	07.15 for 07.45 SHARP HIKE START	Easy to moderate path walking in very pretty hills and valleys to the north of the Magaliesberg. Some game about.	R70(R130)	Varies	R4.84/km	Moderate to Strenuous	Malcolm Timberlake	082 339 9126
Sunday 8th December	Castle Gorge (Members Only) 1 x guest free per membership	08.00 FOR 08.30 SHARP HIKE START	Strenuous hike to the saddle for amazing views and then go to the pools to cool off or to the waterfall.	R0(R60)	Varies	R4.84/km	Moderate to Strenuous	Erlank vd Merwe	073 134 8341
Wednesday 11th December	Kingskloof	07.15 for 07.45 SHARP HIKE START	Mainly moderate trail hiking in hills and valleys between Laurentia and Rocky valley.	R60(R120)	Varies	R4.84/km	Moderate	Derick Walters	082 375 6832
Sunday 15th December	Harties River	08.00 FOR 08.30 SHARP HIKE START	Moderate hiking along Crocodile river and over some steep hills and back through wooded bushveldt. Good views of Hartebeespoort dam.	R60(R120)	Varies	R4.84/km	Moderate	Paul Richardson Mary Reynolds	082 813 9945
Mon 16th - Thurs 26th December	Christmas Camp - Mendolino Resort Port Alfred		10 Night Basecamp / Camping. Christmas Day at a Restaurant in the area (excluded in cost). Lovely hikes in the area. Social Braai in evenings.	R2192(R2614) LIMITED PLACES	Varies	R4.84/km	Leisure	Sabine Behr	082 851 8627
Wednesday 18th December	Klipriversberg	07.15 for 07.45 SHARP HIKE START	Easy to moderate path walking with some game about and views of southern suburbs.	R0(R60)	Varies	R4.84/km	Easy to Moderate	Alan Chater	082 555 0512
Sunday 22nd December	Delta Park	08.00 FOR 08.30 SHARP HIKE START	Easy walking from Delta Park along Braamfontein spruit , around Emmarentia gardens and back to Delta. Lunch at Delta cafe.		Varies	R4.84/km	Moderate	Tom Kenny	066 290 1480
Fri 27th Dec - Wed 1st January	Shipwreck Trail		6 day / 6 night backpack : Port Alfred to Fish River	R1810(R2162) Exclusive of accomm cost before hike start on 27th + transport to trail +parking	Varies	R4.84/km	Moderate to Strenuous	Sabine Behr	082 851 8627
Friday 27th December	Delta Park (** SUPER LEISURE**)	07.15 for 07.45 SHARP HIKE START	Easy walking from Delta Park along Braamfontein spruit , around Emmarentia gardens and back to Delta. Lunch at Delta cafe.	R0(R60)	Varies	R4.84/km	Easy to Moderate	Rick Ackroyd	076 142 1729
Fri 27th - Sun 29th December	Foothold Club Weekend (Members Only)		Members & Guests only. Communal braai.	R0(R75)	Varies	R4.84/km	Leisure	To be confirmed	
Sunday 29th December	Foothold Club Hike (Members Only)	08.00 FOR 08.30 SHARP HIKE START	A myriad of hiking possibilities once you reach the escarpment. Relax for lunch near crystal clear pools.	R0(R60)	Varies	R4.84/km	Difficult	To be confirmedf	

*Involves steep long climbs, typically 300m or more. Not suitable for visitors unless already reasonably sports fit or are experienced hikers. **Sunday Hikes** are typically 7 hours or longer, often in tough terrain without paths. Three hours of hiking up sometimes steep mountainsides and down valleys, over rough ground and scrub are usually covered, before stopping for 1/2 hour lunch break, after which a further 3 hours of hiking back to the start point covers a typical day. **Level 1 - Slow** Challenging for the relatively unfit hiker with a slower (but not necessarily slow) pace and plenty of rest/recovery stops. **Level 2 - Moderate** Faster pace with fewer rest/recovery stops and a longer distance. **Level 3 - Fast** Challenging for the fit hiker with a fast pace and long distance.