

**MARCH 2024**

**Transport Cost (New Rate Mar 2024 - Feb 2025) \*\*** The suggested transport fee of R4,84/km is based on the SARS prescribed rate per kilometre (excl tolls). **N.B. The driver and occupants should agree on the rate before departing and the total cost will be divided amongst the occupants of the car.**

**SUNDAY HIKES - NB. AS OF 01 JANUARY --NEW SUMMER TIMES - MEET AT VENUE 07.15 FOR HIKE START 07.45 SHARP**

**WEDNESDAY HIKES: SUMMER TIMES, MEET AT 07:15 AT THE VENUE AND HIKE AT 07.45 SHARP**

Date	Event	Venue Meeting Time (Summer start time)	Description	Fee (non-mem)	Return Distance	**Transport Cost @ R4,84/Km	Rating	Leader of the Day / Convenor	Phone
Sat 1st - Thurs 6th March	Kosi Bay Trail	5 night/4 day Basecamp at Kosi Bay Lodge	Day Hikes, Turtle watching, Kayaking, Boat Trips.	R6104(R7318) including accomm/hikes/excursions	Varies	R4.84/km	Leisure	Laurette Marais	083 387 0026
Sunday 2nd March	Hoogland Spa	<b>07.15 for 07.45 SHARP HIKE START</b>	Easy to moderate path walking in very pretty hills and valleys. Plenty of game in the area.	R50(R110)	Varies	R4.84/km	Moderate to Strenuous	Paul Richardson (LOD) Mary Reynolds	082 813 9945
Wednesday 5th March	Aasvoelbad (+ BRAAI)	07.15 for 07.45 SHARP HIKE START	Easy to moderate path walking in very pretty hills and valleys to the north of the Magaliesberg. Some game about.	R80(R140)	Varies	R4.84/km	Moderate to Strenuous	Malcolm Yeomans	083 279 6625
Fri 7th - Sun 9th March	Elangeni Away Hike	2 night/2 day Hutted Backpack/Slackpack	A 2-day hiking trail, day 1 is a 14km hike towards the overnight hut, and day 2 is an 11km hike back to the base camp at Elangeni Holiday Resort.	R650(R774) excluding slackpack	Varies	R4.84/km	Moderate to Strenuous	Paul Barnard	076 564 9972
Sunday 9th March	Castle Gorge (Members Only) 1 x guest free per membership (15 permits available to the public)	<b>07.15 for 07.45 SHARP HIKE START</b>	Strenuous hike to the saddle for amazing views and then go to the pools to cool off or to the waterfall.	R0(R60)	Varies	R4.84/km	Moderate to Strenuous	Adrian Moss (LOD) Kamlesh Patel	082 782 6700
Wednesday 12th March	Van Gaalens - Pofadder Trail	07.15 for 07.45 SHARP HIKE START	Access to the Pofadder trail and others in the Witwatersberg from the north. Great views. Meet at Van gaalens and travel to start.	R50(R110)	Varies	R4.84/km	Moderate to Strenuous	Pim Commissaris	082 683 3314
Fri 21st to Mon 24th March	Glen Reenen (Golden Gate) to Sentinel Peak	Wilderness Backpack Hike	Contact Hike Leader for more details		Varies	R4.84/km	Difficult	Paul Barnard	076 564 9972
Sunday 16th March	Phefumula	<b>07.15 for 07.45 SHARP HIKE START</b>	Moderate hike up the escarpment. Boerie rolls and craft beer after the hike.		Varies	R4.84/km	Moderate to Strenuous	Ivor Templer (LOD) Ryan de Haast	082 795 4087
Wednesday 19th March	Happy Acres	07.15 for 07.45 SHARP HIKE START	Easy to moderate path walking through rolling hills and along the Magalies river.	R60(R110)	Varies	R4.84/km	Moderate	Andy Fourie	082 494 3105
Sunday 23rd March	Cheetah Lodge	<b>07.15 for 07.45 SHARP HIKE START</b>	Catering to all skill levels. Explore winding paths exposing panoramic viewpoints, The trails are meticulously maintained and marked, ensuring safety and preserving the natural beauty of the surroundings	R60(R120)	Varies	R4.84/km	Moderate to Strenuous	Mary Reynolds	082 372 4869
Wednesday 26th March	Africa Land	07.15 for 07.45 SHARP HIKE START	Mainly moderate path walking along and above Crocodile River	R80(R140) Non Pens. R50(R110) Pens.	Varies	R4.84/km	Moderate	Greg King	082 452 1442
Thurs 27th - Sun 30th March	Magoebaskloof Away Hike (Dokolewa Pools)	3 night/3 night Backpack/Slackpack	De Hoek-Dokolewa Pools - Seepsteen Mule Stables - Waterfall hut - De Hoek	R650(R774)	Varies	R4.84/km	Moderate to Strenuous	Adrian Moss	082 782 6700
Fri 28th to Sun 30th March	Foothold Club Weekend (Members Only)		Members & Guests only. Communal braai.	R0(R75)	Varies	R4.84/km		To be confirmed	
Sunday 30th March	Foothold Club Hike (Members Only)	<b>07.15 for 07.45 SHARP HIKE START</b>	A myriad of hiking possibilities once you reach the escarpment. Relax for lunch near crystal clear pools.	R0(R60)	Varies	R4.84/km	Difficult	To be confirmed	

\*Involves steep long climbs, typically 300m or more. Not suitable for visitors unless already reasonably sports fit or are experienced hikers. **Sunday Hikes** are typically 7 hours or longer, often in tough terrain without paths. Three hours of hiking up sometimes steep mountainsides and down valleys, over rough ground and scrub are usually covered, before stopping for 1/2 hour lunch break, after which a further 3 hours of hiking back to the start point covers a typical day. **Level 1 - Slow** Challenging for the relatively unfit hiker with a slower (but not necessarily slow) pace and plenty of rest/recovery stops. **Level 2 - Moderate** Faster pace with fewer rest/recovery stops and a longer distance. **Level 3 - Fast** Challenging for the fit hiker with a fast pace and long distance.