

AUGUST 2022

C= Gateview House, Constantia Park GPS co-Ords: 26 08' 58.52" S 27 55' 32.57" E				Transport Cost ** The suggested transport fee of R4,18/km is based on the SARS prescribed rate per kilometre (excl tolls). N.B. The driver and occupants should agree on the rate before departing and the total cost will be divided amongst the occupants of the car.					
F= Outside Checkers, Pineslopes Shopping Centre, Fourways. GPS Co-ords: 26 01' 19.86" S 28 00' 57.85" E									
V = Meet at Venue A = Book with Club Admin L = Book with Leader # Meeting Place									
SUNDAY HIKES - MEET AT 07:30 AND LEAVE AT 08:00 SHARP (EXCLUDING "MEMBERS ONLY" HIKES)				BOOKINGS: Members receive preferential bookings.					
WEDNESDAY HIKES - MEET AT 08:15 AT THE VENUE AND HIKE AT 08:45 SHARP									
Date	Event	Description	#	Fee (non-mem)	Return Distance	**Transport Cost @ R4,18/Km	Rating	Leader of the Day Convener	Phone
2022									
Wed. 3 Aug	Happy Acres	Path walking through hills and along waterways. Some game about.	V	R50(R110)	R4.18 / Km	Varies	Easy to Moderate	Tom Kenny	066 290 1480
Fri. 5 Aug-Tues. 9 Aug	Kaapschehoop Hike (Backpack)	The trail meanders through various streams, gorges and ravines. With names such as Starvation Creek, Fools Rush & Poverty Creek.	V	R710(R852)	Discuss with Leader		Moderate	Huw Collett	072 574 9246
Sun. 7 Aug	De Wildt	One trail leading up a wooded kloof to the top of the Magaliesberg escarpment from where there are a variety of well marked trails east and west on top of the escarpment . Very great views. Lovely pic nic spot at end.	F	R60(R120)	116km	R485	Moderate to Strenuous	Tom Kenny - LOD Betsie Laubscher - Level 1	083 270 6441 066 290 1480
Wed. 10 Aug	Vergenoeg	Vergenoeg Trail goes steeply up the Magaliesberg from the south side with option of west or east along the escarpment. For the less adventurous the Skeerpoort river trail from Van Gaalens and back.	V	R50(R110)	R4.18 / Km	Varies	Moderate to Strenuous	Rick Ackroyd	076 1421729
Sat. 13 Aug	Castle Gorge - Women's Day Hike	Extra special hike at Castle Gorge to celebrate Women's Day	V	R50(R110) BOOKING ESSENTIAL	122 km	R0	Moderate to difficult	Naomi Vorster	062 094 5033
Sun 14 Aug	Heritage Hike (De Wet's Escape)	From Aasvoelbad to Van Gaalen Cheese Farm, via de Wet se Skuilkoppie, Temple Gully nek, Agia Barbara Greek Church and the VG River Trail. Apart from the hike's main focus we will see several interesting geological and vegetation zones and experience other different aspects of local heritage and culture.	V	R195(R255) BOOKING ESSENTIAL	R4.18km	Varies	Moderate	Mike Hardisty	082 9205667
Sun. 14 Aug	Castle Gorge (Members Only)	Strenuous hike to the saddle for amazing views and then go to the pools to cool off or to the waterfall.	V	R0(R60)	122 km	R0	Moderate to difficult	Allan Lill - LOD Wayne Silverwood - Level 1	084 615 0084 079 196 8915
Wed. 17 Aug	Magalies Retreat	Easy to Moderate path walking in the hills to the south of Maanhaarand with some game about.	V	R25(R85)	R4.18 / Km	Varies	Easy to Moderate	Julian Vanhees	083 654 9770
Fri. 19 Aug- Sun. 21 Aug	Mnweni/Rockerries (Drakensberg) (Backpack)	The Mnweni hiking route is the only area that does not fall under the restriction of the Natal Park Board and has therefore become one of the most remote hiking areas of the Drakensberg. Only for the very fit.	V	Discuss with Leader			Difficult	Sabine Behr	082 8518627
Fri. 19 Aug- Sun. 21 Aug	Bergheim (Camping Weekend)	Bergheim Holiday Resort is situated near Rustenburg, at the foot of the Magaliesberg. The resort also has access to a beautiful kloof and mountain stream. For more information contact Naomi Vorster	V	Campsite R65 pp/pn	212 km	R886		Naomi Vorster (Convenor)	062 094 5033
Sun. 21 Aug	Bergheim	Zig-zag path to the top. Walk along the escarpment or maybe explore one of the kloofs.	C	R50(R110)	212 km	R886	Difficult	Betsie Laubscher - LOD/Level 1 Naomi Vorster - Level 2	066 290 1480 062 094 5033
Wed. 24 Aug	Rocky Valley (Braai)	Mainly path walking in hills. Swimming pool. Braai afterwards. Tea and coffee at start.	V	R50(R110)	R4.18 / Km	Varies	Moderate	Dan de Klerk	084 741 4500
Fri. 26 Aug-Sun. 28 Aug	Foothold Spring Celebration Weekend (Members Only)	Join us on our Foothold Club Weekend to celebrate the arrival of Spring! Contact our Administrator (Terry) to book your place	V	R80 BOOKING ESSENTIAL	167 km	R0		Naomi Vorster & Helen Beneke (Convenors)	062 094 5033 071 181 6041
Sun. 28 Aug	Foothold Hike (Members Only)	A myriad of hiking possibilities once you reach the escarpment. Relax for lunch near crystal clear pools.	V	R0 (R60)	167 km	R0	Very Difficult	Naomi Vorster - LOD Colin Lill - Level 2 Wayne Silverwood - Level 1	062 094 5033 082 441 4851 079 196 8915
Sun. 28 Aug-Thurs. 1 Sep.	Oorlogskloof Hike (Hutted)	Oorlogskloof makes for challenging hikes, while the diverse fauna, flora and bird-life, not to mention the sparkling clean Oorlogskloof River, make for a worthwhile immersion in this area's unique fynbos-meets-karoo wilderness.	V	R693(R831)	Discuss with Leader		Difficult	Sabine Behr (Leader)	082 8518627
Wed. 31 Aug	Groenkloof	Easy to Moderate some rocky path walking with some game about.	V	Pen. R35(R95) Non. Pen. R50(R110)	R4.18 / Km	Varies	Moderate	Ian Falcon	082 550 7534

*Involves steep long climbs, typically 300m or more. Not suitable for visitors unless already reasonably sports fit or are experienced hikers. **Sunday Hikes** are typically 7 hours or longer, often in tough terrain without paths. Three hours of hiking up sometimes steep mountainsides and down valleys, over rough ground and scrub are usually covered, before stopping for 1/2 hour lunch break, after which a further 3 hours of hiking back to the start point covers a typical day. **Level 1 - Slow** Challenging for the relatively unfit hiker with a slower (but not necessarily slow) pace and plenty of rest/recovery stops. **Level 2 - Moderate** Faster pace with fewer rest/recovery stops and a longer distance. **Level 3 - Fast** Challenging for the fit hiker with a fast pace and long distance.