

DECEMBER 2023

C= Gateview House, Constantia Park GPS co-Ords: 26 08' 58.52"S 27 55' 32.57" E

F= Outside Checkers, Pineslopes Shopping Centre, Fourways. GPS Co-ords: 26 01' 19.86"S 28 00' 57.85" E

V = Meet at Venue A = Book with Club Admin L = Book with Leader # Meeting Place

Transport Cost (New Rate Mar 2023 - Feb 2024) ** The suggested transport fee of R4,64/km is based on the SARS prescribed rate per kilometre (excl tolls). N.B. The driver and occupants should agree on the rate before departing and the total cost will be divided amongst the occupants of the car.

SUNDAY HIKES - NOTE SUMMER START TIME: MEET AT CARPOOL MEETING PLACE AT 07.00 TO LEAVE 07:15 SHARP

WEDNESDAY HIKES : - NOTE SUMMER START TIME MEET AT 07:15 AT THE VENUE AND HIKE AT 07:45 SHARP

BOOKINGS: Members receive preferential bookings.

Date	Event	Venue Co-ordinates	Sunday Hikes Venue Meeting Time	Description	#	Fee (non-mem)	Return Distance	**Transport Cost @ R4,64/Km	Rating	Leader of the Day / Convenor	Phone
Sun 3rd December	Aasvoelbad SUNRISE HIKE (HIKE STARTS AT 06.30)	S 25° 44' 18" E 27° 44' 29"	06:30 SHARP	Easy to moderate path walking in very pretty hills and valleys on the north of the Magaliesberg. Some game in the area.	V	R70(R130)	Varies	R4.64/km	Easy to Moderate	Evadne le Goff	064 686 4424
Sun 3rd December	Aasvoelbad (Normal Sunday time)	S 25° 44' 18" E 27° 44' 29"	08:15	Easy to moderate path walking in very pretty hills and valleys on the north of the Magaliesberg. Some game in the area.	F	R70(R130)	116km		Easy to Moderate	To be confirmed	
Wed 6th December	B'Sorah BRAAI	S 25° 51' 10" E 27° 46' 43"		Path walking through hills, along waterways and through poplar thickets.	V	Pens. R50(R110) Non Pens. R70(R130)	Varies	R4.64/km	Easy to Moderate	Greg King	082 452 1442
Sun 10th December	Castle Gorge (Members Only)	Contact JHC Office	08:15	Strenuous hike to the saddle for amazing views and then go to the pools to cool off or to the waterfall.	C	Free for Members + 1 guest per membership	122km	R566	Moderate to Strenuous	Colin Lill	082 441 4851
Wed 13th December	Happy Acres	S25° 59' 47", E 27° 32' 15"		Easy to moderate path walking through rolling hills and along the Magalies river.	V	R60(R120)	Varies	R4.64/km	Easy to Moderate	Greg King	082 452 1442
Sun 16th - Wed 26th December	Christmas Camp - Swallowtail Country Estate Hogsback (Basecamp)			11 Night Basecamp / Camping https://swallowtail.co.za/	V	R2162(R2580)	Varies	R4.64/km	Leisure	Sabine Behr	082 851 8627
Sun 17th December	B'Sorah	S 25° 51' 10" E 27° 46' 43"	08:00	Path walking through hills, along waterways and through poplar thickets.	F	Pensioners R50(R110) NonPensioners R70(R130)	110km	R510	Moderate	Mary Reynolds (LOD)	082 372 4869
Wed 20th December	Klipriversberg	S 26° 18' 30.5" E 28° 00' 39.3"		Moderate path walking over hills and along river. View of southern suburbs. Game in places.	V	R0(R60)	Varies	R4.64/km	Moderate	Rick Ackroyd	076 142 1729
Sun 24th December	Klipriversberg	S 26° 18' 30.5" E 28° 00' 39.3"	08:00	Moderate path walking over hills and along river. View of southern suburbs. Game in places.		R0(R60)	60 km	R278	Moderate	Allan Lill	084 615 0084
Mon 25th - Fri 29th December	Otter Trail (Backpack)			5 day/ 4 night backpack https://www.hikingsouthafrica.co.za/the-otter-trail/	V	R1806(R2161) (Excl. shuttle/permits)	Varies	R4.64/km	Moderate to difficult	Paul Barnard	076 564 9972
Wed 27th - Sun 31st December	Strandloper (Backpack)			4 day / 5 night backpack http://strandlopertrails.org.za/	V	R1150(R1370) (Excl. Levy to Parks Board)	Varies	R4.64/km	Moderate	Sabine Behr	082 851 8627
Wed 27th December	Delta/Emmerentia	Park at Delta Café, 76 Marlborough Ave, Craighall		Easy walking from Delta Park along Braamfontein spruit, around Emmerentia gardens and back to Delta. Lunch at Delta cafe.	F	R0(R60)	Varies	R4.64/km	Easy	Rick Ackroyd	076 142 1729
Fri 29th Dec - Wed 3rd January	Foothold New Year Camp (Members Only)	Contact JHC Office		MEMBERS AND GUESTS ONLY. Relax, unwind and spend time at Foothold to celebrate the New Year! Informal hikes will be organised.	V	R0(R75)	167 km	R775	Leisure	Wayne Silverwood (Convenor)	079 196 8915
Sun 31st December	Foothold Club Hike (Members Only)	Contact JHC Office	08:30	A myriad of hiking possibilities once you reach the escarpment. Relax for lunch near crystal clear pools.	V	R0(R60)	167 km	R775	Difficult	Wayne Silverwood	079 196 8915

*Involves steep long climbs, typically 300m or more. Not suitable for visitors unless already reasonably sports fit or are experienced hikers. **Sunday Hikes** are typically 7 hours or longer, often in tough terrain without paths. Three hours of hiking up sometimes steep mountainsides and down valleys, over rough ground and scrub are usually covered, before stopping for 1/2 hour lunch break, after which a further 3 hours of hiking back to the start point covers a typical day. **Level 1 - Slow** Challenging for the relatively unfit hiker with a slower (but not necessarily slow) pace and plenty of rest/recovery stops. **Level 2 - Moderate** Faster pace with fewer rest/recovery stops and a longer distance. **Level 3 - Fast** Challenging for the fit hiker with a fast pace and long distance.